# BHN Sessions of Interest & Member Sessions Sunday, Oct. 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
<th>Location</th>
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</table>
| 8:00am - 9:30am | 191. Exercise in Eating Disorder Treatment: Misconceptions, Evidence and Future Directions | *Beth Harrell, MS, RD, LD, CEDRD  
*Tammy Beasley, RDN, CSSD, CEDRD, LD  
Brian Cook, PhD | Grand Ballroom A |

**12:00 – 1:30 pm**

“Hot Topics in Behavioral Health Nutrition” BHN Member Brunch Event

*Julia Cassidy MS, RD, CEDRD-S* (Mental Health Resource Professional)  
*Jean Daniello MS, RDN, LDN, CDE* (Intellectual/Developmental Disabilities Resource Professional)  
*Haley Goodrich RD, LDN* (Eating Disorders Resource Professional)  
*Ashley Lytwyn MS, RDN* (Addictions Resource Professional)

Grand Ballroom Salons CD, Philadelphia Marriott Downtown  
Sponsored by Simple Mills and Veritas

Must [register](#), tickets selling out fast!

1:30pm - 3:00pm

141. CBD is Everywhere! Navigating the MNT and its Role in the Marketplace  
Zachari Breeding, MS, RDN, LDN, FAND  
*Laura Lagano, MS, RDN, CDN*  
Marie Molde, MBA, RDN

Terrace Ballroom I/II

142. The Brains Influence on Eating Disorders: Combining Neurobiology with Nutrition  
Michele Macedonio, MS, RD, CSSD, LD  
*Sonja Stotz, RD, LD*  
Jason McCray, PhD

Terrace Ballroom II/IV

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*Speaker names BHN members*
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<tbody>
<tr>
<td>3:10pm - 3:25pm</td>
<td><strong>226. Feasting and Fasting: Nutritional Guidance During Religious Observances</strong></td>
<td>Candace Coats, RD, LD Wahida Karmally, PhD, RDN, CDE, CLS, FNLA Kelly Moltzen, OFS, MPH, RD *Eva Brzezinski, MS, RD, CDE</td>
<td>120-ABC</td>
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<tr>
<td>3:10pm - 3:25pm</td>
<td>Create Deeper Client Engagement Using Patient Centered Language</td>
<td>*Kathryn Fink Martinez, MS, RD, CEDRD-S</td>
<td>Level 400 Outside Terrace Ballroom I</td>
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<tr>
<td>3:30pm - 5:00pm</td>
<td><strong>127. Yours, Mine and Ours: A Conversation about Body Image</strong></td>
<td>*Jessica Setnick, MS, RD, CEDRD-S Daphne Lordly, DEd, PDt, FDC *Marci Evans MS, CEDRD-S, LDN, cPT</td>
<td>Terrace Ballroom II/IV</td>
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<tr>
<td>3:30pm - 5:00pm</td>
<td>152. 2019 Trailblazer Lecture: Dietetics and Food Science- A Winning Partnership for Public Health</td>
<td>*Linda Farr, RDN, CSOWM, LD, FAND Guy Johnson, PhD</td>
<td>118-ABC</td>
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<tr>
<td>6:00pm – 7:00pm</td>
<td><strong>BHN Student Hour</strong></td>
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<td>Drop by before or after you visit the Internship and Supervised Practice Fair. Come meet other BHN students, talk to BHN professionals and enjoy a treat!</td>
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<td>Look for the BHN banner outside of Franklin at the Marriott Hotel.</td>
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*Speaker names BHN members*
# BHN Sessions of interest & Member Sessions Monday, Oct. 28

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<th>Time</th>
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| 8:00am - 9:30am| **247. Intuitive Eating: What Every Registered Dietitian Nutritionist Needs to Know** | *Rebecca Scritchfield, MA, RDN, EP-C  
*Evelyn Tribole, MS, RDN, CEDRD-S  
*Elyse Resch, MS, RDN, CEDRD, Fiaedp, FADA, FAND | Terrace Ballroom I/II |
|                | GIVEAWAYS: including a chance for a free registration for the 2020 Online Interactive Retreat |                                                                                                     |                  |
| 9:00am - 1:00pm| **DPG Showcase Booth: Stretch Your Perspective**  
Meet your EC, Resource Professions, ask CEDRD questions  
Arch Street Bridge, Philadelphia Convention Center |                                                                                                     |                  |
| 1:30pm - 3:00pm| **184. Dieting Dilemma: The Interrelationship Between Obesity Treatment and Disordered Eating** | *Eileen Myers, MPH, RDN, LDN, CEDRD, FADA, FAND  
Denise Wilfley, PhD | Hall C |
|                | **138. Low Energy Availability and Relative Energy Deficiency in Sport (RED-S) Updates...** | Louise Burke, OAM, PhD, APD | 115-ABC |
Stanley Dudrick, MD | 121-ABC |
|                | **286. Integrative Approaches to Digestive Diseases in Children** | *Holly Van Poots, RDN, CSP, FAND  
Tegan Medico, MS, MPH, RDN, CNSC  
Lindsey Albenberg, DO | Grand Ballroom A |
|                | **292. Culinary Dentistry: Incorporating Nutrition into Dental Education and School-Based Interventions** | Deanna Hoelscher, PhD, RDN, LD, CNS, FISBNPA  
*John Wesley McWhorter, MS, RDN, LD, CSCS  
Shreela Sharma, PhD, RDN, LD | 119-AB |
| 3:30pm - 5:00pm| **212. Nutritional and Behavioral Health Considerations in Treatment Interventions for Binge Eating Disorder** | *Julie Duffy Dillon, MS, RDN, NCC, CEDRD-S  
*Jennifer McGurk, RDN, CDN, CDE, CEDRD-S  
Alexis Conason, Psy.D. | Terrace Ballroom I/II |

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| 8:00am – 9:30am | **245. Interprofessional Approaches to Addressing Stress and Burnout in Healthcare** | Joanne Christaldi, PhD, RDN  
Kathrin Eliot, PhD, RDN  
Kathryn Kolasa, PhD, RDN, LDN | Terrace Ballroom I/II |
| 9:45am - 11:15am| **126. Taking Your Business the Distance: How to Build a Practice That Lasts** | *Cara Harbstreet, MS, RD, LD  
Rachael Hartley, RD, LD  
Michelle Dudash, RDN | Grand Ballroom A  |
| 9:45am - 11:15am| **128. The Female and Male Athlete Triad: Health and Nutritional Implications for Recovery** | Melinda Valliant, Phd, RD, CSSD, LDN  
Mary Jane De Souza, PhD, FACSM, FNAK | 201-ABC         |
| 11:30am - 11:45am| **390. Bringing the Farm to Your Facility with Harvest of the Month** | Dayle Hayes, MS, RD  
*Donna Martin, EdS, RDN, LD, SNS, FAND  
Ruth Chipps, MS, RDN, CD | 118-ABC         |
| 11:30am - 11:45am| **196. The Autism MEAL Plan: Empowering Caregivers to Feed in Avoidant/Restrictive Food Intake Disorder** | *Rashelle Berry, MPH, MS, RDN  
William Sharp, PhD | Terrace Ballroom I/II |
| 11:30am - 11:45am| **Is Perfectionism Hindering Your Clients’ Success?** | Kristi Coughlin, MS, RDN, LD | Level 400  
Outside Terrace Ballroom I |
| 12:00pm - 1:30pm| **125. Controversies in Practice: Alcohol – To Drink or Not to Drink?** | Kevin Sauer, PhD, RDN, LD, FAND  
Max Griswold, PhD Student  
Eric Rimm, ScD | Grand Ballroom A  |
| 2:00pm – 3:30pm | **117. Closing Session: Givers Take All- Creating a Culture of Productive Generosity** | *Terri Raymond, MA, RDN, CDN, FAND  
Adam Grant, PhD | Hall C          |

*Speaker names BHN members