

Behavioral Health Nutrition (BHN)
2007-2008 Annual Report

Fiscal year 2007-2008 was prosperous for BHN. In addition to carrying out the traditional work of our practice group, it was a year of investment in our image and systems of communication,

Goals of the 2007-2008 BHN Strategic Plan:

- Build an aligned, engaged and diverse membership
- Influence key nutrition and health initiatives
- Impact the research agenda and facilitate research supporting the dietetics profession
- Increase demand and utilization of services provided by members
- Empower members to compete successfully in a rapidly changing environment
- Proactively focus on emerging areas of food and nutrition

These are highlights of our work this year:

Publications:

- Published four newsletters, each featuring original research by RDs
- Instituted electronic newsletters
- Continued sales of *Psychiatric Nutrition Therapy: a resource guide for dietetic professionals practicing behavioral health care* (CD ROM)
- Continued work on *The Adult with Intellectual and Developmental Disabilities: A Resource Tool for Nutrition Professionals* (CD ROM)
- Began work on publication of the book *Nutrition and Addiction*

Member Services

- Continued member networking via Listserv
- Increased membership 4% (43 new members; 1024 members at year end)
- Instituted awards criteria for Excellence in Practice and Distinguished Member
- Presented Distinguished Member Award to Harriet Holt Cloud MS RD
- Donated funds to attain membership in ADA Foundation 21st Century Club dedicated to nutrition research and scholarship
- Hosted Member social at FNCE 2007

Administration

- Changed DPG name to Behavioral Health Nutrition (BHN) from Dietetics in Developmental and Psychiatric Disorders (DDPD)
- Redesigned website (www.bhndpg.org)
- Initiated newsletter redesign project
- Conducted officer telephone conferences (9)
- Trained officers on identifying sponsors for BHN activities
- Updated sales services to include credit card payment option
- Updated Guiding Principles and Officer Job Descriptions
- Initiated plan for the development of individual SOP/SOPP for each area of practice beginning with Eating Disorders

Meetings

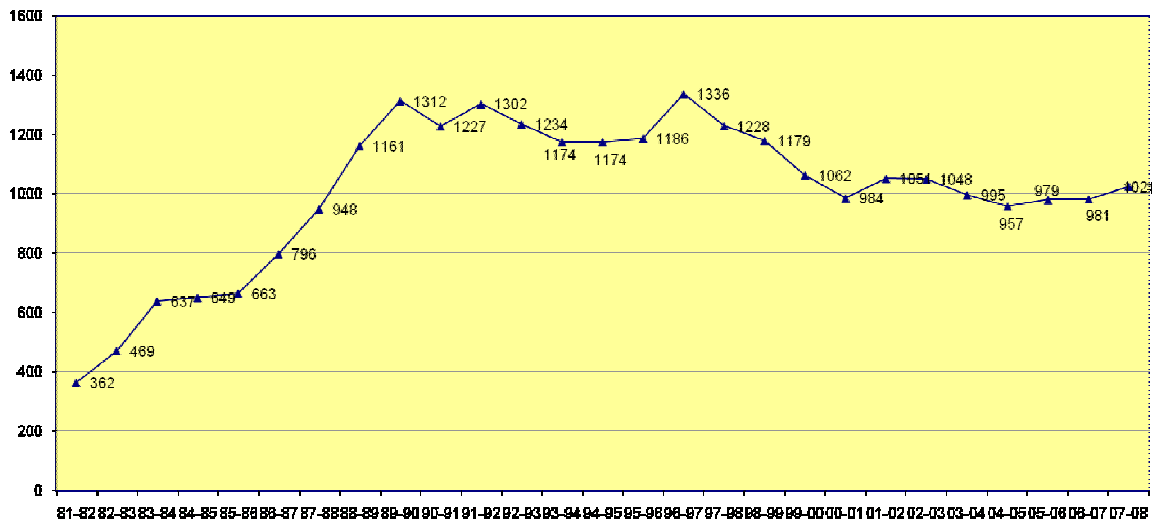
- Pre-FNCE 2007 Workshop: *Eating Disorders 911*
- Priority Session: *Psychotropic Drug and Nutrient Interaction (FNCE 2007)*
- Awarded stipends to:
 1. Kansas Dietetic Association: *Alternative Therapies and Feeding Behaviors in Autism Spectrum Disorders*
 2. Texas Dietetic Association: *Nutrition Therapy for Autism*
 3. San Diego Nutrition Council: *Nutrition Links to Mental Health*
 4. Pennsylvania: *Food Behaviors of Autistic Children*
 5. Indiana Dietetic Association: *Nutrition Care Process*
 6. Illinois: *The Dietitian's Role in Eating Disorders Webinar*

7. Children's Hospital and Regional Medical Center in Seattle and the University of Washington: *Formulas and Management of Enteral Feedings for the Older Child*

- I participated in ADA Leadership Institute
- Andrea Shotton MS, RD, represented BHN at ADA Public Policy Workshop
- Awarded one scholarship to dietetic student attending FNCE

Financial Report for June 1, 2007 – May 31, 2008:		
	<u>Actual</u>	<u>Budgeted</u>
Expenses totaled:	\$43,293	\$59,298
Revenues totaled:	\$39,199	\$36,080
Net Profit/ (Loss)	(\$4,094)	(\$23,218)

Behavioral Health (Dietetics in Developmental & Psychiatric Disorders) (DPG 12) Membership Totals



Thank you to all who contributed to forwarding the work of this practice group. Special recognition is extended to BHN officers for leading and implementing the 2007-2008 Strategic Plan.

Respectfully submitted,

Paula D. Kerr MS, RD, CD
BHN Past Chair